

## Sticks and Stones The Power of Honesty

### 1. Remember that \_\_\_\_\_

a) Lying \_\_\_\_\_

**Proverbs 21:28** *No one believes a liar, but everyone respects the words of an honest man.*

b) Lying can \_\_\_\_\_

**Proverbs 19:9** *A false witness will not go unpunished, and he who breathes out lies will perish.*

c) Lying \_\_\_\_\_

**Proverbs 6:16-19** *There are six things the Lord hates... a lying tongue...*

**Hebrews 6:18** *...it is impossible for God to lie.*

### 2. Identify your \_\_\_\_\_

**Proverbs 25:18** *Telling lies about others is as harmful as hitting them with an ax, wounding them with a sword, or shooting them with a sharp arrow.*

### 3. \_\_\_\_\_ to the truth

a) Can people trust me to \_\_\_\_\_

**Proverbs 30:5** *God keeps every promise he makes.*

b) Do I \_\_\_\_\_

**1 Peter 3:10** *If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies.*

c) Do I \_\_\_\_\_

**Romans 9:1** *I speak the truth in Christ—I am not lying, my conscience confirms it through the Holy Spirit...*

d) Do I \_\_\_\_\_

**Daniel 6:4** *At this, the administrators and the satraps tried to find grounds for charges against Daniel in his conduct of government affairs, but they were unable to do so. They could find no corruption in him, because he was trustworthy and neither corrupt nor negligent.*

**Luke 12:2** *The time is coming when everything that is covered up will be revealed, and all that is secret will be made known to all.*

**Psalms 34:13** *Then keep your tongue from speaking evil and your lips from telling lies.*

**Proverbs 4:24** *Never say anything that isn't true. Have nothing to do with lies and misleading words.*

**Colossians 3:9-10** *Do not lie to one another...*

**Proverbs 21:6** *A fortune made by a lying tongue is a fleeting vapor and a deadly snare.*

### 7 Types Of Lies We Tell

- **Error**—a lie by mistake. The person believes they are being truthful, but what they are saying is not true.
- **Omission**—leaving out relevant information. Easier and least risky. It doesn't involve inventing any stories. It is passive deception and less guilt is involved.
- **Restructuring**—distorting the context. Saying something in sarcasm, changing the characters, or the altering the scene.
- **Denial**—refusing to acknowledge a truth. The extent of denial can be quite large—they may be lying only to you just this one time or they may be lying to themselves.
- **Minimization**—reducing the effects of a mistake, a fault, or a judgment call.
- **Exaggeration**—representing as greater, better, more experienced, more successful.
- **Fabrication**—deliberately inventing a false story.

### Situations Where Telling The Truth Is Hard

- \*When it may hurt someone's feelings
- \*When it may create conflict
- \*When you don't know how they'll respond
- \*When you are owning a mistake you've made
- \*When telling the truth will get you in trouble