

Winning The Game Of Life
#2: How To Develop The Skill Of Vulnerability

<https://brenebrown.com/thegifts-hub>

Take the wholehearted inventory

1. _____

James 5:16 *Therefore confess your sins to each other and pray for each other so that you may be healed.*

2. Find your _____ in God

Galatians 1:10 *Am I now trying to win the approval of human beings, or of God? Or am I trying to please people? If I were still trying to please people, I would not be a servant of Christ.*

Psalms 33:18 *But the eyes of the LORD are on those who fear him, on those whose hope is in his unfailing love...*

3. Pick the _____

Matthew 7:6 *Do not give dogs what is sacred; do not throw your pearls to pigs. If you do, they may trample them under their feet, and turn and tear you to pieces.*

4. Make the _____

a) _____

Psalms 69:1-3 *Save me, O God, for the waters have come up to my neck. I sink in the miry depths, where there is no foothold. I have come into the deep waters the floods engulf me. I am worn out calling for help; my throat is parched. My eyes fail, looking for my God.*

b) _____

2 Corinthians 12:9 *But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.*

c) _____

Matthew 26:37-38 *He took Peter and the two sons of Zebedee along with him, and he began to be sorrowful and troubled. Then he said to them, "My soul is overwhelmed with sorrow to the point of death. Stay here and keep watch with me."*

God affirmations

I am broken, but I am also being transformed, and my brokenness is not the end of the story when God is in the mix.

I am weak, but God delights in me nonetheless. He is famous for showing His power through frail vessels like me (and you).

I am far from perfect, but I am loved by the Father, and no thing, no one, and no physical, emotional, or spiritual imperfection can change the unending reality of His love.

I limp and stumble and falter too often, but God will never give up on me, so why would I give up on myself or others?

Psalms 44:26 *Rise up and help us; rescue us because of your unfailing love.*

Psalms 94:18 *When I said, "My foot is slipping," your unfailing love, LORD, supported me.*