

## Winning At The Game Of Life

### #5: How To Develop An Orientation Toward Truth

#### 1. Remember that reality is \_\_\_\_\_

**Matthew 19:23** *Then Jesus said to his disciples, "I tell you the truth, it is very hard for a rich person to enter the Kingdom of Heaven.*

#### 2. Seek reality in \_\_\_\_\_

**Proverbs 18:15** *The heart of the discerning acquires knowledge; the ears of the wise seek it out.*

- a) Relational reality
- b) Emotional reality
- c) Spiritual reality
- d) Career reality
- e) Financial reality
- f) Personal reality

**Proverbs 15:15** *The discerning heart seeks knowledge, but the mouth of a fool feeds on folly.*

#### 3. Get \_\_\_\_\_

- a) \_\_\_\_\_ show you the truth

**Psalms 139:23** *Search me, God, and know my heart; test me and know my anxious thoughts.*

**Psalms 138:6** *Though the Lord is great, he cares for the humble, but he keeps his distance from the proud.*

- b) \_\_\_\_\_ in your life

**Proverbs 27:6** *Wounds from a friend can be trusted, but an enemy multiplies kisses.*

**Proverbs 27:17** *As iron sharpens iron, so one person sharpens another.*

## What is the Reality?

What's the reality about your marriage? How is it really going? How happy is your spouse? Do they regret marrying you? Will you still be married 5 years from now? Are you working hard to keep your marriage healthy?

What's the reality about your kids? How are they really doing in school? What problems do you see in their life that you are ignoring? Do you know what you need to know about parenting to be effective? Do your friends like it when your kids come over?

What's the reality about your job? Is your boss happy with your performance? Are your employees satisfied? Do you have the skills you need to succeed in business? Are you succeeding? Why not? Is your job going to be there three years from now?

What's the reality about you? Are you happy? Are you stuffing your anger about something? Are you depressed about something? Are you afraid? Would your life improve if you learned some new relational skills? Is there a habit in your life that's hurting you that you are not addressing?

What's the reality about your financial situation? Are you living beyond your means? Are you saving enough for retirement? Are you handling God's resources the right way?

What's the reality about your spiritual life? Does God feel close to you? Do you really believe the things you say you believe? Do you have questions about God you are ignoring? Are you living as if all that's really important is the stuff you can get here on earth?

What's the reality about the people around me? Are my friends good influences? Am I a good influence on them? Should I stop trusting some of them? Am I ignoring "red flags" in my friendships?

### Why aren't you seeking reality?

Is it fear? Is it pride? Is it arrogance? Is it frustration?