

Running On Empty How To Know When It's Time To Quit

1. Change your _____

Key: View endings as a _____

Ecclesiastes 3:1-3 *There is a time for everything, and a season for every activity under the heavens: a time to be born and a time to die, a time to plant and a time to uproot... a time to tear down and a time to build... a time to keep and a time to throw away...*

*Prune when you have more than _____

*Prune when you are in an _____

*Prune the _____

2. Distinguish between _____

a) What does their _____ suggest?

b) Are there reasons to believe _____?

c) Is this the _____ I should keep trusting?

Wise people Foolish people Evil people

Proverbs 13:20 *Wise friends make you wise, but you hurt yourself by going around with fools.*

3. _____

Proverbs 22:3 *When you see trouble coming, don't be stupid and walk right into it— be smart and hide.*

Key: End the way you are _____

a) _____ about what isn't going to work

b) Build a _____

c) Picture what _____ could be like

d) _____

Indications of Past Behavior

What has their performance been so far?

Is it good enough?

Is there anything in place that will make them improve?

If not, am I willing to sign up for more of the same?

Do I want these same frustrations or problems six months from now?

Do I want this same level of performance a year from now?

Do I want to have these same conversations 2 years from now?

Signs that Change Is Likely To Happen

Have they joined a proven change process?

Have they added additional structure to their life?

Have they added some new monitoring system?

Have they gained some new skill or experience?

Have they admitted they need help?

Have they added a new support system?

Have they turned to someone skilled at helping in this area?

Have they shown some success in changing?

Distinguishing Between The Different Kinds Of People

Wise: When truth presents itself, the wise person sees the light, takes it in, and makes adjustments. If they are wise: Give them coaching and training! If someone can take feedback and coaching, there is real reason to hope!

Fool: The fool tries to adjust the truth so he does not have to adjust to it. They are never wrong. If they are foolish: Stop talking and define the consequences. The key to changing a fool into a wise person is they have to suffer the consequences.

Evil: They intentionally want to hurt you. Physically, your career, your reputation. If they are evil: Avoid them at all costs. You are looking for a consistent pattern of evil behavior not just an isolated event.

The Two Elements of Hope

a) A desire for something in the future to occur

b) Reasons for believing that something in the future will occur