

Fresh Start
How To Get Started On A New Path

1. Understand the _____

Key: Intentions are _____

a) Everyone is _____

Psalm 17:5 *My steps have held to your paths...*

b) Every path is _____

Proverbs 1:14-16 *...my son, do not go along with them, do not set foot on their paths...*

c) I must take responsibility _____

Key: I always choose what steps _____

2. Change paths when _____

a) Where am _____

Proverbs 20: 4 *Those too lazy to plow in the right season will have no food at the harvest.*

Key: Pay attention to _____

b) Where does _____

Proverbs 3:6 *In all your ways acknowledge him and he will make your paths straight.*

c) Where do _____

Proverbs 23:19 *Be wise and have enough sense to follow the right path.*

Key: Make it _____

d) What steps will _____

Proverbs 27:12 *A prudent person foresees danger and takes precautions. The simpleton goes blindly on and suffers the consequences.*

• What _____ can I talk to?

• Who will _____?

Paths We Are Currently On:

Financial Path

Spiritual Path

Career Path

Relational Path

Intellectual Path

Ethical Path

Physical/ health Path

Emotional Path

Parenting Path

Educational Path

Reality Questions For Our Current Paths

- Am I acting like a victim with no control over my paths?
- Do you like where your paths are taking you?
- Where do you see trouble coming?
- What problems are you ignoring in those areas above?
- What's the wisest decision in light of my past experiences, and my future hopes and dreams?
- Where can I go to get help with these things?

Possible Changes To Make

- *Read the book "What color is your parachute" and do everything
- *See a counselor – consider an online counselor
- *Tell someone about something you are struggling with
- *Find a mentor or coach who will meet with you monthly
- *Read four books on a subject you need to improve
- *Talk to one person who is doing what you want to do in life
- *Take one class online (amberton.edu or SW Tech)
- *Spend one hour looking online for resources that can help you improve in an area where you are feeling pain
- *Pray and ask God to show you what the next step might be
- *Read 3 chapters per day from your Bible

Goals Format:

Goal: (Write a specific goal for 2022)

Excitement: (Describe why this is important to you)

Action steps: (Detail all the steps you will take and when you will take them)