UnStrapped #2: How Do I Move Toward Contentment

#1: Keep the right
Philippians 3:8 I consider everything a loss compared to the
surpassing greatness of knowing Christ Jesus my Lord, for whose sake
I have lost all things. I consider them rubbish, that I may gain Christ.
#2: Reduce what you
I Timothy 6:7-8we brought nothing into the world, and we can take
nothing out of it. But if we have food and clothing, we will be content with that.
a)
b)
Hebrews 13:5 Keep your lives free from the love of money and be content with what you have, because God has said, "Never will I leave you; never will I forsake you."
1 Peter 1:8 Though you have not seen him, you love him; and even though you do not see him now, you believe in him and are filled with an inexpressible and glorious joy
#3: Deal with
a) Accept the truth that
Ecclesiastes 6:9 Enjoy what you have rather than desiring what you don't have. Just dreaming about nice things is meaningless — like chasing the wind.
b) Replace
Ecclesiastes 5:19 If God gives a man wealth and property he should be grateful and enjoy what he has. It is a gift from God.
c)
Proverbs 14:30 A heart at peace gives life to the body, but envy rots the bones.

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