

Big Faith

#3: How Spiritual Disciplines Can Build Our Faith

1. Understand what _____

Definition: A spiritual discipline is a habit that turns me toward God and allows me to connect with God each day so that I can receive His power to live a different life.

*A daily time of _____

Matthew 4:4 *It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'*

*A daily _____

Colossians 4:2 *...devote yourselves to prayer...*

2. Why these are so _____

a) I use these practices to keep _____

Genesis 22:1 *Sometime later, God tested Abraham's faith.*

b) I want God _____

Acts 16:7 *When they came to the border of Mysia, they tried to enter Bithynia, but the Spirit of Jesus would not allow them to.*

Key: Do you have _____ to me today?

c) I want His character inside me

d) I want to see God _____

Matthew 17:20 *...if you have faith as small as a mustard seed, you can say to this mountain, 'Move from here to there,' and it will move. Nothing will be impossible for you.*

3. Develop the _____

* _____

1 Timothy 4:7 *...train yourself to be godly.*

*Start with the _____

* _____

Disciplines of Abstinence

- Solitude
- Silence
- Fasting
- Frugality
- Chastity
- Secrecy
- Sacrifice

Disciplines of Engagement

- *Study
- *Worship
- *Celebration
- *Service
- *Prayer
- *Fellowship
- *Confession

Key Faith Thoughts:

I'm not praying to get some materialistic thing from God. I'm praying to Get God!

Prayer is not a task to be completed. Prayer is about building a relationship with God based on love.

God's crazy about me and loves to give me good gifts if I ask.

"The pagans run after these things, but God knows what you need."
Jesus

Do I expect anything to change because I'm praying?

Every delay has a reason. God is working.

Every "NO" has a reason. God has a plan.

Just as there is an "outer you" that is being formed and shaped all the time, like it or not, by accident or on purpose, so there is an "inner you." You have a spirit. And it's constantly being shaped and tugged at: by what you hear and watch and say and read and think and experience. Everyone is being spiritually formed all the time. Whether they want to or not. Whether they're Christian or not. The question isn't if someone will sign up for spiritual formation; it's just who and what our spirits will be formed by. Author Unknown

John 15:5-6 *"I am the vine; you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing. If anyone does not remain in me, he is like a branch that is thrown away and withers..."*