

## Fighter

### #4: When Fighting Doesn't Work

1. Learn the \_\_\_\_\_

**Proverbs 4:16** *For evil people can't sleep until they've done their evil deed for the day. They can't rest until they've caused someone to stumble.*

2. Understand what \_\_\_\_\_

**Proverbs 13:10** *Pride only breeds quarrels.*

3. Understand \_\_\_\_\_

**Proverbs 9:7** *Anyone who rebukes a mocker will get an insult in return. Anyone who corrects the wicked will get hurt.*

4. Identify their level of \_\_\_\_\_

Dormant (Level 1): These are unreasonable people who have the capacity to grow when you refuse to participate in the drama. Hitting bottom is their wake-up call.

Determined (Level 2): If they can't get you to participate in the drama, they get more determined to win. They will cling to their rightness as if their life depends on it. Conflict has no growth-producing effects on this person.

Dangerous (Level 3): Your physical and emotional safety is at risk. The prospect of being wrong is so intolerable that they will injure you.

5. Watch for their \_\_\_\_\_

**1 John 4:18** *Fear has to do with punishment. The one who fears is not made perfect in love.*

Dr. Alan Godwin – Tired Of The Drama (Free Ebook)

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#### 4 Ways They Create Drama

**Master:** “I’ll be in charge because somebody’s got to do it.” Control freak, micromanages everything. Your role: Complete obedience is required.

**Messiah:** “I sacrifice to help people.” Rescuer, knight in shining armor, brownnoser, know it all. Relationships are orchestrated so that others are constantly aware that the other person is...giving up something or putting your interests before his own. Your role: Gratefulness is required.

**Martyr:** “Great or constant sufferer.” I’ve been hurt and you should feel sorry for me. If I don’t make it, it will be your fault. Guilt tripper, victim, complainer, dependent. Your Role: Rescuing them is required.

**Mute:** “I’m going to get through this conflict by remaining silent and untroubled.” Your role: You must pretend that all is fine.

#### 5 Muscles Reasonable People Possess

**\*The humility muscle:** Reasonable people listen to issues with the thought in mind, “I may be wrong and they may be right.” Unreasonable people always think “I’m right, you’re wrong. End of discussion.”

**\*The awareness muscle:** We all have blind spots. The humility muscle allows us to acknowledge potential wrongness, but awareness allows us to observe our actual wrongness. Awareness allows us to see our errors so that necessary corrections can be made.

-What pushes my buttons and how do I react?

-How am I pushing the buttons of others around me?

**\*The responsibility muscle:** This enables us to be bothered by the wrong we’ve done that’s hurt others. This is often called our conscience. You will not change if this muscle is not developed. Reasonable people seek out the truth to change for the better. Unreasonable people run from the truth to avoid discomfort. Unreasonable people see the wrong and blame others. They refuse to take responsibility for any damage.

**\*The empathy muscle:** Reasonable people consider the impact of their words and actions and allow that understanding to shape their behavior. Unreasonable people argue in a way that inflicts deliberate injuries and leaves people feeling misunderstood.

**\*The reliability muscle:** A reasonable person observes his flaws, is bothered by them and tries to correct them. “When I’m wrong, I’ll change.” Unreasonable people don’t change...even when they see their faults.

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