

New Year, New You

#3: How To Use GPS To Have An Adventure With God

1. G = _____ – You set your mind on God

Ephesians 3:18-19 *And may you have the power to understand... how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God.*

Key: Imagine God saying “What do _____ right now?”

a) Be honest about _____

2 Peter 1:3-4 *His divine power has given us everything we need for life and godliness through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature and escape the corruption in the world caused by evil desires.*

b) Ask God to _____

1 Peter 5:7 *Give all your worries and cares to God, for he cares about you.*

c) _____ to answer

Psalms 106: 13 *They wouldn't wait for his counsel.*

2. P = _____ – You surrender to God's purpose

Matthew 6:9-13 *Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven.*

Key: Not my will today but _____

Psalms 37:4 *Take delight in the LORD, and he will give you your heart's desires.*

3. S = _____ – You change your attitude and look to serve

Philippians 2:5-8 *You must have the same attitude that Christ Jesus had. Though he was God, he did not think of equality with God as something to cling to. Instead, he gave up his divine privileges; he took the humble position of a slave and was born as a human being.*

Key: You ask, “Is there anyone you want me _____?”

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How To Do The GPS Experiment

Set the alarms on your phone or watch to go off 3-5 times during the day. When they go off, go through the GPS questions:

God Focus: Imagine God is saying to you, "What do you need from me?" Then tell Him what you need! Your needs are an opportunity for God to show you His love. "God, I'm depending on you. Here's what I need from you right now...courage to invite someone to church or Self-control to do what's right or peace because a situation is tense or wisdom to make the best decision..."

Purpose: "God, I want your will to be done here on earth as it is heaven. I'm here to do your will, not mine."

Serve: "What do you want me to say or do right now for you? Is there someone you want me to serve in your name?"

"God is never more than a single thought away. Even if I haven't thought of him for days. Even when I have been immersed in selfishness and sin...The more God thoughts you have, the closer to God you go." John Ortberg

Colossians 3:1-3 *Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God.*

Matthew 11:28 *Come to me all you who are weary and heavy laden and I will give you rest for my burden is easy...*

Hebrews 11:6 *And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him.*

John 15:5 *I am the vine, you are the branches; he who abides in Me, and I in him, he bears much fruit; for apart from Me you can do nothing.*

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How To Win “The Game With Minutes”

You win your minute if, during that minute you either:

1. Pray
2. Recall God
3. Sing or hum a Christian song
4. Talk or write about God
5. Seek to relieve suffering of any kind in a prayerful spirit
6. Work with the consciousness of God’s presence.
7. Whisper to God
8. Feel yourself encompassed by God
9. Look at a picture or a symbol of Christ
10. Read a scripture verse or poem about God
11. Give somebody a helping hand for the Lord’s sake
12. Breathe a prayer for the people you meet
13. Follow the leading of the Inner Voice
14. Plan or work for the Kingdom of God
15. Testify to others about God, the church, or this game
16. Share suffering or sorrow with another
17. Hear God and see Him in flowers, trees, water, hills, sky

We never attempt to keep a minute--by--minute record (excepting perhaps occasionally for an hour), since such a record would interfere with normal life. We are practicing a new freedom, not a new bondage. We must not get so tied down to score keeping that we lose the glory of it, and its spontaneity. We fix our eyes upon Jesus, not upon a clock.

HOW TO BEGIN

Select a favorable hour; try how many minutes of the hour you can remember God at least ONCE each minute; that is today, bring God to mind at least one second out of every sixty. It is not necessary to remember God every second, for the mind runs along like a rapid stream from one idea to another. Your score will be low at first, but keep trying, for it constantly becomes easier, and after a while is almost automatic.

It follows the well known laws of habit forming. If you try to write shorthand you are at first very awkward. This is true when you are learning to play a piano, or to ride a bicycle, or to use any new muscles. When you try this ‘game with minutes’ you discover that spiritually you are still a very weak infant. Each time we try we shall do better until at last we may be able to remember God as high as ninety per cent of the whole day

WHILE GOING HOME FROM CHURCH

Can you win your game with minutes while passing people on the street?
Yes! Experiments have revealed a sure way to succeed: offer a swift

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prayer for the people at whom you glance. It is easy to think an instantaneous prayer while looking people straight in the eye, and the way people smile back at you shows that they like it!

WHERE TO LOOK FOR CHRIST

We have a right to use any aid that proves useful. One such aid is to think of Christ as in a definite location. To be sure, He is a spirit, everywhere at once—and therefore anywhere we realize Him to be. Many of us win our game nearly all of some days by realizing His unseen presence sitting a chair or walking beside us.

IN A CROWD

We whisper ‘God’ or ‘Jesus’ or ‘Christ’ constantly as we glance at every person near us. We try to see double, as Christ does—we see the person as he is and the person Christ longs to make him. The atmosphere of a room changes when a few people keep whispering to Him about all the rest. Perhaps there is no finer ministry than just to be in meetings or crowds, whispering ‘Jesus’ and then helping people whenever you see an opportunity.

WHILE IN A CONVERSATION

Suppose when you reach home you find a group of friends engaged in ordinary conversation. Can you remember God at least once every minute? This is hard, but we have found that we can be successful if we employ some reminders. Here are aids which have proven useful:

1. Have a symbol of Christ in front of you where you can glance at it frequently.
2. Have an empty chair beside you and imagine that your unseen Master is sitting in it; He is there, for He said: ‘Lo, I am with you always.’
3. Keep humming to yourself a favorite Christian song.
4. Silently pray for each person in the circle.
5. Keep whispering inside: ‘Lord, put your thoughts in my mind. Tell me what to say.’
6. Best of all, tell your companions about the ‘Game with Minutes.’

WHILE READING A BOOK

When we are reading a newspaper or magazine or book, we read it to Him, and continue a running conversation with Him inwardly about the pages we are reading. Kagawa says scientific books are letters from God telling how He runs His universe.

<http://www.howtolovegod.org/The%20Game%20with%20Minutes.pdf>

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Matthew 12:50 *For whoever does the will of my Father in heaven is my brother and sister and mother."*

1 Peter 4:2 *You won't spend the rest of your lives chasing your own desires, but you will be anxious to do the will of God.*

[Jer. 29:13](#): "You will seek me and find me when you seek me with all your heart."

John 5:19 *So Jesus said to them, "Truly, truly, I say to you, the Son can do nothing of his own accord, but only what he sees the Father doing. For whatever the Father does, that the Son does likewise.*

Romans 12:1-2 *I plead with you to give your bodies to God because of all he has done for you. Let them be a living and holy sacrifice...let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.*

Galatians 5:24 *And because we belong to Christ Jesus, we have killed our selfish feelings and desires.*

James 4:8 *Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.*

Colossians 4:2 *Devote yourselves to prayer with an alert mind and a thankful heart.*

2 Timothy 2:8 *Keep your mind on Jesus Christ!*

Hebrews 12:13 *So keep your mind on Jesus, who put up with many insults from sinners. Then you won't get discouraged and give up.*

Philippians 4:18 *Finally, my friends, keep your minds on whatever is true, pure, right, holy, friendly, and proper. Don't ever stop thinking about what is truly worthwhile and worthy of praise.*

Philippians 3:18-20 *For, as I have often told you before and now say again even with tears, many live as enemies of the cross of Christ. Their destiny is destruction, their god is their stomach, and their glory is in their shame. Their mind is on earthly things. But our citizenship is in heaven. And we eagerly await a Savior from there, the Lord Jesus Christ,*

Ephesians 6:18 *And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the saints.*

2 Corinthians 4:18 *Things that are seen don't last forever, but things that are not seen are eternal. That's why we keep our minds on the things that cannot be seen.*

Romans 12:2 *Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.*

Romans 8:5 *Those who live according to the sinful nature have their minds set on what that nature desires; but those who live in accordance with the Spirit have their minds set on what the Spirit desires. The mind of sinful man is death, but the mind controlled by the Spirit is life and peace;*

Ephesians 6:6 *Obey them not only to win their favor when their eye is on you, but like slaves of Christ, doing the will of God from your heart.*

Romans 6:19 *I put this in human terms because you are weak in your natural selves. Just as you used to offer the parts of your body in*

slavery to impurity and to ever-increasing wickedness, so now offer them in slavery to righteousness leading to holiness.

Acts 2:28 *You have made known to me the paths of life; you will fill me with joy in your presence.'*

Hebrews 12: 2 *Let us fix our eyes on Jesus, the author and perfecter of our faith, who for the joy set before him endured the cross, scorning its shame, and sat down at the right hand of the throne of God.*

II Corinthians 4:18 *So we fix our eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.*

Colossians 3:1-2 *You have been raised to life with Christ, so set your hearts on the things that are in heaven, where Christ sits on his throne at the right side of God. Keep your minds fixed on things there, not on things here on earth.*

I John 2:17 *The world and its desires pass away, but the man who does the will of God lives forever.*

Romans 8:18 *For I reckon that the sufferings of this present time are not worthy to be compared with the glory which shall be revealed in us.*

Matthew 6:9-13 *Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one.*