

Dear God...
I Don't Want To Pray Anymore

How To Keep Praying When You Feel Like Quitting

1. Raise the value of perseverance

Romans 5:3-4 *...we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.*

James 1:2-4 *Consider it pure joy... whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.*

2. Understand what Jesus expects

Luke 18:1 *One day Jesus told his disciples a story to show that they should always pray and never give up.*

3. Develop your perseverance

- a) Think about the reward for praying

Matthew 7:8 *For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened.*

- b) Remember the character of God

Matthew 7:9-11 *Which of you, if your son asks for bread, will give him a stone? Or if he asks for a fish, will give him a snake? If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!*

- c) Re-evaluate the request

James 4:2-3 *Yet you don't have what you want because you don't ask God for it. And even when you ask, you don't get it because your motives are all wrong...*

- d) Remember there's a purpose in the waiting

John 11:6 *When He heard that he was sick, He stayed two more days in the place where He was.*

Get a notebook & spend 5 minutes a day praying at a consistent time

A Simple Prayer Formula
Develop the habit of praying 5 minutes a day

P – Praise God for who He is and what He's done. Thank God for at least 10 things.

R – Repent of any wrong thoughts, attitudes or actions. Tell Him you are sorry and ask for His help.

A – Ask! Ask God to move the mountains in your life and in the lives of others. Buy a notebook. Write "ASK" at the top of the page. Put a date by everything you are asking and make the request VERY specific so you will know when God has answered it. Then put a date by it when He does answer it and watch your faith grow.

Y – Yield your future to God. Tell Him that you want His will to be done. Create a page in your notebook and write the word "Seek" at the top. Then ask God questions and tell Him you are seeking His will on your key decisions.

Questions to ask while I'm waiting

Am I telling God what to do or asking for His help?

Is this just about me? Am I being selfish?

Am I saying to God, "My will be done" or am I saying, "Thy will be done"?

Do I expect Him to work?

Is there something in my life I know He wants me to stop doing?