

Your Attitude, Your Life

#5: Replacing A Doubting Attitude

How To Replace A Doubting Attitude

1. Know that _____

Key: _____

Deuteronomy 8:2 Remember how the Lord your God led you through the wilderness for these forty years, humbling you and testing you to prove your character, and to find out whether or not you would obey his commands.

Numbers 14:11 How long will these people treat me with contempt? How long will they refuse to believe in me, in spite of all the miraculous signs I have performed among them?

I Peter 1:7 These trials will show that your faith is genuine. It is being tested as fire tests and purifies gold—though your faith is far more precious than mere gold.

2. Develop a system to _____

Key: _____ in your mind

- A – Activating factor (A very difficult journey)
- B – Beliefs that are distorted (God brought us here to kill us)
- C – Emotional consequences (Depression, despair, hopelessness, a desire to quit and go back to Egypt, constant complaining)

Psalms 106: 24 The people refused to enter the pleasant land, for they wouldn't believe his promise to care for them.

- D – Dispute the negative thoughts (God didn't bring us out here just to kill us)
- E – Exchange them for positive (God will take care of us)

Deuteronomy 4:20 Remember that the Lord rescued you from the iron-smelting furnace of Egypt in order to make you his very own people and his special possession, which is what you are today.

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All of life is a test. You are always being tested. God constantly watches your response to people, problems, success, conflict, illness, disappointment and even the weather! You will be tested by major changes, delayed promises, impossible problems, unanswered prayers, undeserved criticism, and even senseless tragedies... When you understand that life is a test, you realize that nothing is insignificant in your life. Rick Warren

“When you go through deep waters, I will be with you. When you go through rivers of difficulty, you will not drown. When you walk through the fire of oppression, you will not be burned up; the flames will not consume you” (Isaiah 43:2 NLT).

Deuteronomy 4:39 So remember this and keep it firmly in mind: The Lord is God both in heaven and on earth, and there is no other.

Proverbs 27:21 Fire tests the purity of silver and gold, but a person is tested by being praised.

Genesis 22:1 Sometime later, God tested Abraham’s faith.

2 Corinthians 8:2 They are being tested by many troubles, and they are very poor. But they are also filled with abundant joy, which has overflowed in rich generosity.

Judges 3:4 These people were left to test the Israelites—to see whether they would obey the commands the Lord had given to their ancestors through Moses.

Deuteronomy 8:16 He fed you with manna in the wilderness, a food unknown to your ancestors. He did this to humble you and test you for your own good.

Deuteronomy 13:3 Do not listen to them. The Lord your God is testing you to see if you truly love him with all your heart and soul.

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