

**Christmas Joy**  
**How To Experience True Joy**

**2 Corinthians 6:10** *Our hearts ache, but we always have joy.*

1. \_\_\_\_\_  
**Hebrews 12:2** *...fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.*

2. Spend \_\_\_\_\_

a) People are \_\_\_\_\_

**2 Corinthians 7:7** *His presence was a joy...*

b) Joy comes from \_\_\_\_\_

**2 Timothy 1:4** *I long to see you again, for I remember your tears as we parted. And I will be filled with joy when we are together again.*

c) Joy requires \_\_\_\_\_

**Philippians 2:18** *Yes, you should rejoice, and I will share your joy.*

3. \_\_\_\_\_

**Proverbs 17:22** *A cheerful heart is good medicine, but a crushed spirit dries up the bones.*

- a) Make a list of fun things
- b) Divert daily
- c) Say yes to new things

4. Put God \_\_\_\_\_

**Psalms 40:1-4** *I waited patiently for the LORD to help me, and he turned to me and heard my cry. He lifted me out of the pit of despair, out of the mud and the mire. He set my feet on solid ground and steadied me as I walked along. He has given me a new song to sing, a hymn of praise to our God. Many will see what he has done and be amazed. They will put their trust in the LORD. Oh, the joys of those who trust the LORD.*

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**Luke 2:10** ...the angel reassured them. “Don’t be afraid!” he said. “I bring you good news that will bring great joy to all people.”

**John 15:10-11** If you keep my commandments, you will abide in my love. ... These things I have spoken to you, that my joy may be in you, and that your joy may be full.

**Psalms 16:11** You make known to me the path of life; in your presence there is fullness of joy; at your right hand are pleasures forevermore.

**Proverbs 22:9** A generous man will himself be blessed, for he shares his food with the poor.

**2 Corinthians 9:12** So two good things will result from this ministry of giving—the needs of the believers in Jerusalem will be met, and they will joyfully express their thanks to God.

**2 Corinthians 8:2** They are being tested by many troubles, and they are very poor. But they are also filled with abundant joy, which has overflowed in rich generosity.

**1 Thessalonians 3:9** How we thank God for you! Because of you we have great joy as we enter God’s presence.

**1 John 1:4** We are writing these things so that you may fully share our joy.

**Acts 16:34** The jailer brought them into his house and set a meal before them; he was filled with joy because he had come to believe in God—he and his whole household.

**John 16:22** So you have sorrow now, but I will see you again; then you will rejoice, and no one can rob you of that joy.

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Joy.

The emotion that ought to be deeply experienced during the Christma season — and, in turn, displayed in our behavior — should be joy. Today's key verse states, "But I trust in your unfailing love; my heart rejoices in your salvation. I will sing the LORD's praise, for he has been good to me."

*"But the fruit of the spirit is love, joy, peace, long suffering, kindness goodness, faithfulness, gentleness, self-control. Against such there is no law."* – [Galatians 5:22-23](#)

**1 Thessalonians 5:16**

Always be joyful.

**Hebrews 10:34**

You suffered along with those who were thrown into jail, and when all you owned was taken from you, you accepted it with joy. You knew there were better things waiting for you that will last forever.

**Matthew 2:10**

When they saw the star, they were filled with joy!

**Luke 1:14**

You will have great joy and gladness, and many will rejoice at his birth,

**Luke 2:10**

but the angel reassured them. "Don't be afraid!" he said. "I bring you good news that will bring great joy to all people.

**Luke 15:7**

In the same way, there is more joy in heaven over one lost sinner who repents and returns to God than over ninety-nine others who are righteous and haven't strayed away!

**John 15:11**

I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!

**John 16:22**

So you have sorrow now, but I will see you again; then you will rejoice, and no one can rob you of that joy.

**Romans 14:17**

For the Kingdom of God is not a matter of what we eat or drink, but of living a life of goodness and peace and joy in the Holy Spirit.

**Romans 15:13**

I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him.

**2 Corinthians 1:24**

But that does not mean we want to dominate you by telling you how to put your faith into practice. We want to work together with you so you will be full of joy,

**2 Corinthians 2:3**

That is why I wrote to you as I did, so that when I do come, I won't be grieved by the very ones who ought to give me the greatest joy.

Surely you all know that my joy comes from your being joyful.

**Philippians 1:25**

Knowing this, I am convinced that I will remain alive so I can continue to help all of you grow and experience the joy of your faith.

**1 Peter 1:8**

You love him even though you have never seen him. Though you do not see him now, you trust him; and you rejoice with a glorious, inexpressible joy.