

Trust Me
#2: How To Build Trust: Believable

1. I must _____

Proverbs 11:13 *A gossip betrays a confidence, but a trustworthy person keeps a secret.*

Proverbs 25:9 *If you take your neighbor to court, do not betray another's confidence...*

2. I must _____

2 Samuel 24:10 *After David had everyone counted, he felt guilty and told the Lord, "What I did was stupid and terribly wrong. Lord, please forgive me."*

Psalms 38:18 *I told you my sins, and I am sorry for them.*

3. I must avoid _____

Proverbs 20:19 *A gossip betrays a confidence; so avoid anyone who talks to much.*

Ephesians 4:29 *Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.*

4. I must _____

Colossians 3:9–10 *Do not lie to each other, since you have taken off your old self with its practices and have put on the new self, which is being renewed in knowledge in the image of its Creator.*

John 14:6 *I am the way, the truth, and the life...*

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Steps To Sincerely Apologize

1. Express regret for what you've done without trying to explain it away. Show them you understand how your behavior hurt them.
2. Accept responsibility - "I was wrong".
3. Make restitution – "What can I do to make this right?"
4. Genuinely repent – "I'll try not to do that again."
5. Request forgiveness – "Will you please forgive me?"

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