

**Trust Me
How To Trust God**

Proverbs 3:5-6 *Trust in the LORD with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take.*

How To Trust God With All My Heart

Test #1: Is God _____

Isaiah 55:8 *For my thoughts are not your thoughts, neither are your ways my ways, declares the LORD. For as the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.*

Psalms 146:5-6 *But joyful are those who have the God of Israel as their helper, whose hope is in the LORD their God. He made heaven and earth, the sea, and everything in them.*

Test #2: Is God _____

Numbers 23:19-20 *God is not a man, so he does not lie. He is not human, so he does not change his mind. Has he ever spoken and failed to act? Has he ever promised and not carried it through?*

Psalms 146:6 *He keeps every promise forever.*

Test #3: Does God _____

- a) I remember God didn't _____
- b) I remember my reaction is my choice
- c) I remember that God will _____

Romans 8:28 *We know that for those who love God all things work together for good, for those who are called according to his purpose.*

- d) I say "thank you" because I know _____

Genesis 50:20 *As for you, you meant evil against me, but God meant it for good, to bring it about that many people should be kept alive.*

Psalms 146:7 *He gives justice to the oppressed and food to the hungry.*

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Psalm 146

¹ Praise the LORD!

Let all that I am praise the LORD.

² I will praise the LORD as long as I live.

I will sing praises to my God with my dying breath.

³ Don't put your confidence in powerful people;
there is no help for you there.

⁴ When they breathe their last, they return to the earth,
and all their plans die with them.

⁵ But joyful are those who have the God of Israel as their helper,
whose hope is in the LORD their God.

⁶ He made heaven and earth,
the sea, and everything in them.
He keeps every promise forever.

⁷ He gives justice to the oppressed
and food to the hungry.

The LORD frees the prisoners.

⁸ The LORD opens the eyes of the blind.

The LORD lifts up those who are weighed down.

The LORD loves the godly.

⁹ The LORD protects the foreigners among us.
He cares for the orphans and widows,
but he frustrates the plans of the wicked.

¹⁰ The LORD will reign forever.

He will be your God, O Jerusalem, throughout the generations.

Praise the LORD!

John 12:44 *Jesus shouted to the crowds, "If you trust me, you are trusting not only me, but also God who sent me."*

John 14:1 *Don't let your hearts be troubled. Trust in God, and trust also in me.*

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For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you a future and a hope. Then you will call upon me and come and pray to me, and I will listen to you. You will seek me and find me when you seek with all your heart.” – Jeremiah 29:11-13 NIV

I am worn out from my groaning. All night long I flood my bed with weeping and drench my couch with tears. —Psalm 6:6

How long, Lord? Will you forget me forever? How long will you hide your face from me? How long must I wrestle with my thoughts and day after day have sorrow in my heart? —Psalm 13:1–2

My tears have been my food day and night, while people say to me all day long, ‘Where is your God?’ —Psalm 42:3

[God has] put me in the lowest pit, in the darkest depths. —Psalm 88:6

Jeremiah 17:7-8

New Living Translation

“But blessed are those who trust in the LORD and have made the LORD their hope and confidence. They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.