

How To Spend 15 Minutes Per Day With God

1. Get a bible, a notebook, and a pen
2. Set your alarm 15 minutes earlier than normal
3. Read your Bible for 10 minutes and then pray for 5

How To Read Your Bible

- a. 10 minutes per day of reading or listening
- b. Try a modern version like the **New Living Translation**
- c. Read Psalms, Proverbs, Matthew, Mark, Luke & John
- d. Watch for something to strike you: It could be something new, unusual, curious, surprising

KEY: Remember when this happens that God is speaking to you here!

- e. Grab a notebook:
 - (1) Write out the verse
 - (2) Write out why it struck you
 - (3) Do "SPACEPETS"

SPACEPETS: Ask these questions: Is there a...

- Sin to confess?
- Promise to claim?
- Attitude to change?
- Command to obey?
- Example to follow?
- Prayer to pray?
- Error to avoid?
- Truth to believe?
- Something to thank God for?

How To Pray

- a. Start with the right attitude: *"Father, this is not a task for me to complete. This is a relationship with you that I want to build. That's why I'm talking to you. And I know that you love me with a love that is overwhelming, never ending and reckless. Show me your unfailing love."*
- b. Confess: *"Father, I know there are things I've done that have hurt you. These things block the fullness of the relationship you want to have with me. I want no walls between you and me."*
- c. Re-prioritize: *"I'm not praying to get something from you today. I'm praying to get you. You are the treasure of this world and I need you."*
- d. People far from God: Pray for 1 person who is far from God that you know and care about.
- e. Ask for Guidance: *Father, I don't know what decision to make here. Please show me"*
- f. My requests: Be specific. What do you want Him to do? Add a date when you started asking so when He answers, you will see it.