

## Fearless How To Face An Overwhelming Challenge

### 1. Embrace the \_\_\_\_\_

**2 Corinthians 1:8,9** For we do not want you to be ignorant, brothers, of the affliction we experienced in Asia. For we were so utterly burdened beyond our strength that we despaired of life itself. Indeed, we felt that we had received the sentence of death. But that was to make us rely not on ourselves but on God who raises the dead.

**Brokenness:** It is a condition during which God allows circumstances to control our lives to the point that we must totally depend on Him.

**Daniel 4:35** At the end of that time, I, Nebuchadnezzar, raised my eyes toward heaven, and my sanity was restored. Then I praised the Most High; I honored and glorified him who lives forever. His dominion is an eternal dominion; his kingdom endures from generation to generation.

### 2. Put \_\_\_\_\_

**Exodus 18:22-23** Have them serve as judges for the people at all times, but have them bring every difficult case to you; the simple cases they can decide themselves. That will make your load lighter, because they will share it with you. If you do this and God so commands, you will be able to stand the strain, and all these people will go home satisfied." Moses listened to his father-in-law and did everything he said.

### 3. Give \_\_\_\_\_

**2 Chronicles 20: 12** O our God, will you not judge them? For we have no power to face this vast army that is attacking us. We do not know what to do, but our eyes are upon you.

\*Admit \_\_\_\_\_

\*Tell God \_\_\_\_\_

\*Focus on \_\_\_\_\_

\*Thank Him \_\_\_\_\_

**Matthew 11:28-29** Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls.

*Over and over again in the Bible, we see men and women who are given far more than they can handle. The prophet Jeremiah is a great example; he was charged with preaching repentance to the people of Israel, a calling that caused him to be beaten, plotted against and rejected by everyone, even his own family. Emotionally, that was far more than he could handle as we see in his many laments.*

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### Signs I Need To Put Something Down

- \*You can't sleep at night because you can't shut off your mind
- \*You are worried
- \*Fun things don't feel fun anymore
- \*You don't have time for fun
- \*You feel stressed
- \*You are getting tension head aches
- \*You don't have time to care for your family
- \*You are not taking care of yourself physically
- \*You have no time to serve the church or community

### Things I Need To Hand Over To God

Family:

Job:

Finances:

Personal Habits:

Relationships:

<https://www.biblestudytools.com/topical-verses/gods-promises-verses-in-the-bible/>