

Rumble Strips
How To Keep Going When You Feel Like Giving Up

1. Raise the value _____

What emerges from my character when I _____?

Adversity _____ **and** _____ **character**

Romans 5:3-4 ...we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope.

James 1:2-4 Consider it pure joy... whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything.

2. Develop your _____

2 Peter 1:5-6 ...make every effort to add to your faith goodness; and to goodness, knowledge; and to knowledge, self-control; and to self-control, perseverance...

a) _____

Hebrews 10:36 You need to persevere so that when you have done the will of God, you will receive what he has promised.

Matthew 25:21 Well done, good and faithful servant!

b) Get _____

1 Samuel 23:16 And Saul's son Jonathan went to David at Horesh and helped him find strength in God.

c) Learn to _____

1 Samuel 30:6 David was greatly distressed because the men were talking of stoning him...But David found strength in the LORD his God.

Remember the _____

Ask Him for _____

1 Corinthians 9:24-26 ... in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever.

Hebrews 12:1-2 And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross...

James 1:12 Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him.

James 5:11 As you know, we count as blessed those who have persevered. You have heard of Job's perseverance and have seen what the Lord finally brought about. The Lord is full of compassion and mercy.

Luke 8:15 but the seed on good soil stands for those with a noble and good heart, who hear the word, retain it, and by persevering produce a crop.

Romans 8:25 But if we hope for what we do not see, with perseverance we wait eagerly for it.

Romans 15:5 Now may the God who gives perseverance and encouragement grant you to be of the same mind with one another according to Christ Jesus,

2 Thessalonians 1:3-5 Therefore, among God's churches we boast about your perseverance and faith in all the persecutions and trials you are enduring. All this is evidence that God's judgment is right, and as a result you will be counted worthy of the kingdom of God, for which you are suffering.