

Under Construction
When Your Words Sometimes Get You In Trouble

1. I must own the _____

James 3:5 Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell.

Proverbs 12:18 Reckless words pierce like a sword, but the tongue of the wise brings healing.

2. _____ before I speak

- T: Is it _____?

Ephesians 4:25 Therefore each of you must put off falsehood and speak truthfully to your neighbor, for we are all members of one body.

- H: Is it _____?

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but **only what is helpful** for building others up according to their needs, that it may benefit those who listen.

- I: Is it _____?

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for **building others up** according to their needs, that it may benefit those who listen.

- N: Is it _____?

Ephesians 4:29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up **according to their needs**, that it may benefit those who listen.

- K: Is it _____?

Proverbs 16:24 Kind words are like honey—sweet to the soul and healthy for the body.

Can you think of a time when your words got you in trouble?

Can you think of a time someone said something to you that really hurt you? What have been the top 3 most hurtful things ever said to you?

Can you think of a time when someone said something kind to you that positively impacted your life?

How To Be Helpful When You Need To Give Feedback

A: Action – What action do you want to address?

I: Impact – What impact is this having? On you? Others? Themselves? (Include your motive for saying this)

D: Do – What would you like to ask them to consider doing or stop doing?

WAIT: Why am I talking?

- Does this need to be said?
- Does this need to be said right now?
- Does this need to be said right now by me?

The tongue has the power of life and death" Proverbs 18:21.