

Everyday Disciple How Can I Possibly Trust God?

1. _____

Isaiah 55:8-9 *“For my thoughts are not your thoughts, neither are your ways my ways,” declares the Lord. “As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.”*

Romans 11:33 *Oh, the depth of the riches of the wisdom and knowledge of God! How unsearchable his judgments, and his paths beyond tracing out!*

Does He know what He’s doing?

2. _____

Jeremiah 32:17 *Ah, Sovereign Lord, you have made the heavens and the earth by your great power and outstretched arm. Nothing is too hard for you.*

Mark 9:23 *“‘If you can?’” said Jesus. “Everything is possible for one who believes.”*

Ephesians 3:20 *Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...*

3. _____

Romans 8:31-32 *What, then, shall we say in response to these things? If God is for us, who can be against us? He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things?*

John 3:16 *For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.*

God is not against you. He is working on your side, in your corner, with unshakable love and power, to bring about the greatest good for your life—which is to live fully with Him in His Kingdom.

Replacing stories that interfere with His love

Pause & Invite God In: Begin by entering a quiet, prayerful posture, inviting God’s presence to be with you as you open your heart.

Tell the Story: Speak or write the wound, hurt, fear, shame, or confusion. Don’t hide or minimize. Bring the real story before God. What did you come to believe about yourself or God? What story are you telling today?

Listen for God’s Voice & Truth: After telling, wait, listen—what does Scripture or God’s Spirit say in response? What counters the lies in your story?

Compare & Contrast: Take your narrative and compare it with God’s story (Jesus, the Gospels, redemption themes). Where does your story diverge? Where is it distorted?

Repent / Release: Acknowledge where you believed lies or acted in fear, and release those lies to God. Confess what must change. Let go of what is not true or healthy.

Adopt a New Narrative / Identity in Christ: Choose and affirm the truths God speaks over you (beloved, forgiven, empowered, safe). Begin to rehearse that new story over your life.

I am divinely designed, deeply desired, lavishly loved, fully forgiven, a sacred story of grace. James Bryan Smith

God, I don’t get this. I can’t see how you are “for me” when I’m going through this. I can’t see how you are wise and powerful and caring right now. But I choose to trust in you. I put my confidence in you. Before I can see how you will show up in this situation, I say “your will be done.” Thank you for what you will do in me and through me because of this.

“God loves us as we are, not as we should be. Because none of us are as we should be.” Brennan Manning