

Alive Again How To Connect Your Soul To God

1. Understand how to _____

• _____
Matthew 15:8 *These people honor me with their lips, but their hearts are far from me.*

• _____
Romans 12:2 *Do not conform to the pattern of this world, but be transformed by the renewing of your mind.*

• _____
1 Corinthians 9:27 *I discipline my body like an athlete, training it to do what it should.*

• _____
Luke 6:28 *...bless those who curse you*

2. Grow in your understanding _____

Matthew 16:26 *What good will it be for someone to gain the whole world, yet forfeit their soul? Or what can anyone give in exchange for their soul?*

2 Corinthians 4:16 *Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day.*

3. How do I _____

_____: I see clearly that life in God's Kingdom is available to me now. That it is the life I truly want.

Matthew 5:3 *Blessed are the poor in spirit, for theirs is the kingdom of heaven.*

_____: I make the daily decision to be a disciple of Jesus. When I encounter problems, needs, or failure, I turn immediately to Him and ask Him to teach me.

_____: I arrange my life around practices that allow God's grace to transform me into that person. His grace is what I need.

Matthew 11:28-30 *Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light.*

Proverbs 3:5-6 *Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.*

Steps To the Surrendered Life

Key Steps:

- **Daily surrender your will to God (see insert)**
- **Recognition of your own limits**
- **Turning from self-trust** – Admit you don't have the wisdom or strength to do what He asks without Him.
- **Confession and openness** – Honestly bring your real self to God.
- **Inviting God's leadership** – Not just salvation, but leadership over everything.

Indicators You're in This Stage:

- You feel a *tug of war* between your will and God's.
- You begin saying things like, "God, I want what You want, even if it's not what I want."

Steps To The Abandoned Life

Key Steps:

- **Choosing trust over outcomes** – We do not complain when bad things happen to us, but remember that there is no suffering that God cannot use for our good.
- **Holding on to God's goodness**: Believing God is good, regardless of what happens.
- **Practicing "death to results"**: You obey God without needing to manipulate outcomes.
- **Praying, "Into Your hands..."**: Like Jesus, you release your life completely to the Father.

Indicators You're in This Stage:

- You stop getting frustrated when you don't get your way.
- There is a *settled trust* in God's character, even when life is uncertain.
- You say, "Whatever You want, God, and however You bring it, I will go with You."

God, my Father and King, You are here, and your Kingdom is available to me now. Before I do, solve, or change anything, you are already present and active, even when I cannot see it. Today I choose again to live as an apprentice of Jesus. I cannot transform myself or earn your help. I bring my whole self before you, willing and ready to learn.

I Surrender My Will

I surrender my kingdom to yours. I release my need to control people, circumstances, and outcomes. Teach me to want what you want and choose what love requires. When I fail, help me turn immediately to Jesus and ask, **“What are you teaching me here?”** Not my will, but yours be done in this moment, and the next, and the next.

I Set My Mind

I set my mind on the reality of your Kingdom. Fill my thoughts and imagination with what is true, good, and eternal. When difficult feelings arise, help me listen to them without letting them rule me. Remind me that You are here and Your grace is available now.

Train My Body

Train my eyes to notice, my ears to listen, my mouth to bless, and my hands to serve. Teach my body to slow down, remain present, and respond in love rather than react from habit. Through practice and grace, form in me a new way of living.

Teach Me to Love

Because I draw my life from you, I do not need to enter relationships as a beggar seeking approval, control, recognition, or the last word. Teach me to enter as a blessing. Free me from attacking when I feel threatened and withdrawing when I feel hurt. Help me see every person as someone of great value whom you are already pursuing.

Unify My Soul

Bring my heart, mind, body, and relationships into harmony under your rule. Make me aware of where I am divided and draw me back into your peace. You are the keeper of my soul. I do not have to hold myself or my life together through effort and control.

My Life with You

Father, you are already at work in every situation I will enter today. Open my eyes to recognize your activity. Show me what is mine to do, give me grace to do it, and help me release everything else into your hands. **My effort does not earn your grace; it responds to your grace.**